The Canadian Cardiovascular Society Academy is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

**CCSA Programs Delivered in 2013–2014**

- Cardiac Surgery Trainee Review Program
- Adult Cardiology Trainee Review Program
- Pediatric Cardiology Trainee Review Program
- Annual Cardiovascular Trainee Day at CCC
- Have a Heart Bursary Program
- Free Canadian Journal of Cardiology Subscriptions

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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Greetings! We are now in full swing at the Canadian Cardiovascular Society Academy (CCSA), aiming to provide the best programs in the most efficient manner, while focusing on the goals of the CCSA. For the past several years, CCSA programs have targeted trainees, who will play a major role in reshaping cardiovascular care in the 21st century.

The CCSA focuses on four major programs:

- **The Have a Heart Bursary Program.** This bursary program is designed to introduce promising young Canadian medical students, post-graduate trainees and basic scientists-in-training to the cardiovascular sciences (clinical and basic sciences) to encourage a strong Canadian cardiovascular community in the future.

- **The Trainee Review Programs.** Our senior clinical trainees in adult cardiology, pediatric cardiology and cardiac surgery attend these programs to be better prepared for the critical milestone of writing the Royal College of Physicians and Surgeons of Canada (RCPSC) exam.

- **The Annual Cardiovascular Trainee Day at the Canadian Cardiovascular Congress (CCC).** Trainees of all disciplines find Trainee Day to be a great venue for networking and taking part in practical and hands-on workshops.

- **The Canadian Journal of Cardiology (CJC) Subscriptions.** Each year, the CCSA provides several hundred CJC subscriptions to all trainees.

There is much more we could do, but programs cost money. To ensure that we are providing the best possible programs at the lowest cost, the CCSA has developed a strategy that will focus on both value and cost.

**We have a four-pronged strategy.**

- **Increase the CCSA’s Income.** We slightly altered the direction of our investment portfolio to increase our stream of predictable dividend and interest income, and this is already proving effective. Led by our trainees and Dr. Vic Huckell, we are working to increase our philanthropic income.

- **Improve the clarity of our financial reporting to members.** Once we complete our fiscal year and share our financial reports, members will be able to tell at a glance how much income we produce, how much our investment portfolio increases or decreases, how much we spend, and how much of our income is spent on our key programs.

- **Work to restrain CCSA Expenditures.** We are now reviewing our programs to assess their value to trainees. Are the programs still achieving their trainee-oriented goals? Which programs should be our top priorities? Are these programs still necessary when compared to upcoming needs?

- **Work with the Canadian Cardiovascular Society (CCS) to seek new priorities for fundraising.** The purpose of the CCSA is broader than our current trainee focus, and includes a wide range of knowledge creation and translation. We are looking forward to the creation of the new CCS Strategic Plan, and identifying with the CCS new areas we can help the great Canadian cardiovascular enterprise.

Finally, our core support comes from the generous donations of Canadian cardiovascular physicians and scientists. The programs could not exist without this support. However, most of the support for the CCSA originates from the same passionately committed and generous members. For this reason, I challenge all of us in the CCSA community to reach out to a friend who may not know of our great work, and invite them to join us and be part of the solution.

If all of us donated each year simply the value of reading an echocardiogram, perfusion scan, or ten ECGs, or of performing a diagnostic angiogram, or electrophysiologic study, the CCSA and our trainees would be on very solid ground, and be able to undertake the kinds of programs important to us all, and the future health of our patients.

I would like to finish by thanking the CCSA Board members, the CCSA member volunteers who run our programs, the wonderful CCSA staff and you, our donors for your continued support.

Regards,

Robert Sheldon, MD
President
The CCS/CCSA Trainee Review Programs (TRPs) were established in 2006 after CCS trainees identified the Royal College of Physicians and Surgeons of Canada (RCPSC) fellowship examination preparation as a critical milestone in the transition from school to work. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

Since 2006, the CCSA has prepared over 500 residents with their RCPSC Exam.

2014 Cardiac Surgery Trainee Review Program

The seventh Cardiac Surgery Trainee Review Program was held March 21 and 22, 2014 in Montreal. There were 15 cardiac surgery residents in attendance, of which ten were scheduled to write the exam at the end of April. The program was also opened to fifth year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wish to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada’s cardiac surgery trainees:

2014 Cardiac Surgery TRP Faculty

From Left to Right: Dr. Roy Masters, Dr. Ismail El-Hamamsy, Dr. Hughes Jeanmart, Dr. Frédéric Jacques (Chair), Dr. Mackenzie Quantz, Dr. Anson Cheung and Dr. Vincent Chan

The date and location of the 2015 Cardiac Surgery Trainee Review Program will be announced in December 2014.

2014 Adult Cardiology Trainee Review Program

The ninth offering of the Adult Cardiology Trainee Review Program was held April 25 - 27, 2014 in Toronto. There were 60 out of 70 third-year trainees in attendance along with 12 Faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

2014 Adult Cardiology TRP Faculty

Front row: Drs. Gillian Nesbitt, Nisha D’Mello and Sarah Ramer

Back row: Dr. Chris Johnson, Dr. Mathieu Bernier, Dr. Michael Froeschl (Chair), Dr. Mathieu Walker, Dr. Nicholas Valettas, Dr. Michael Freeman, Dr. Chris Glover, Dr. Donald Palsaitis and Dr. Evan Lockwood

The date and location for the 2015 Adult Cardiology Trainee Review Program will be announced in December 2014.

2014 Pediatric Cardiology Trainee Review Program

The eighth Pediatric Cardiology Trainee Review Program was held May 2 - 4, 2014 at the Hospital for Sick Children in Toronto. This year, there were eight attendees representing programs from across Canada. The TRP continues to provide a unique, valued program and meets the residents’ needs. The most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

2014 Pediatric Cardiology TRP Faculty

From Left to Right: Dr. Chris Johnson, Dr. Mathieu Bernier, Dr. Michael Froeschl (Chair), Dr. Mathieu Walker, Dr. Nicholas Valettas, Dr. Michael Freeman, Dr. Chris Glover, Dr. Donald Palsaitis and Dr. Evan Lockwood

The date and location of the 2015 Pediatric Cardiology Trainee Review Program will be announced in December 2014.
The Have a Heart Bursary Program, now in its thirteenth year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports approximately 20 students annually to participate in the Canadian Cardiovascular Congress (CCC).

“As a recipient of the Have a Heart Bursary, I had the opportunity to attend CCC 2013, not only attending some informative sessions but also meeting some incredible leaders in the field of cardiology!”

Natasha Aleksova, 2013 Have a Heart Bursary Recipient

Congratulations to the 2013 Have a Heart Bursary Program Recipients:

Natasha Aleksova (Toronto, ON)
Katherine Allan (Toronto, ON)
Shahrukh Bakar (Kingston, ON)
Laura Banks (Toronto, ON)
Samir Basmaj (Montréal, QC)
Kevin Boczar (Ottawa, ON)
Craig Ferguson (Edmonton, AB)
Sumeet Gandhi (Toronto, ON)
Pishoy Gouda (Leduc, AB)
Devin Hasanally (Winnipeg, MB)
Scott Kehler (Winnipeg, MB)
Katie Losenno (London, ON)
Robert Miller (Calgary, AB)
Andrew Moeller (Halifax, NS)
Alison Muller (Winnipeg, MB)
Malia Murphy (Kingston, ON)
Luke Richardson (Wolfville, NS)
Kiran Sidhu (Vancouver, BC)
Yan Xu (Kingston, ON)
Payam Yazdan-Ashoori (Hamilton, ON)
The Annual Canadian Cardiovascular Trainee Day is a one-day educational program that takes place at the Canadian Cardiovascular Congress.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

Over 200 trainees attended the 2013 Trainee Day in Montreal.

The Trainee Day program is consistently a double-edged sword that encompasses both academic and professional opportunities. This multi-faceted, interdisciplinary event focuses on both cutting-edge educational content as well as career development for clinical and scientific cardiovascular trainees.

“As a PhD student in translational cardiovascular research, I work with individuals on both sides of the spectrum and Trainee Day has been an incredibly valuable learning and networking experience.”

Sonya Hui – 2013 Trainee Day Co-Chair

2013 TRAINEE DAY PLANNING COMMITTEE MEMBERS
Sanjog Kalra, co-chair
Sonya K. Hui, co-chair
Preeti Anand
Debraj Das
Douglas Hayami
Leila Laroussi
Judy Luu
Kristin Lyons
Anton Mihic
Dimitrios Tsirigotis
THANK YOU TO OUR 2013–2014 DONORS

Our valued CCSA programs would not be possible without the contributions of individuals and organizations. A special thank you to the following donors for their support between April 1, 2013 and March 31, 2014:

Visionary ($5,000 and up)
Victor Huckell
Nisar Huq
Charles Kerr
Heather Ross

President’s Circle ($1,000 – $4,999)
Rob Beanlands
Margaret Blackwell
Bibiana Cujec
Ross Davies
Vladimir Dzavik
Derek Exner
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Another special thank you to over 100 CCS Members who have collectively donated more than 800 hours towards the planning and delivery of programs for our future cardiovascular professionals.
Summary of Operations

Revenue
- Donation from members $93,142
- Investment $165,997
- Bank interest $353
- Interest on promissory note $9,071
- Contribution $10,000
- Donation from others $30,000
Total Revenue $308,563

Expenses
- Administration $99,284
- Trainee Initiatives $60,648
- Have a Heart Bursary Program $34,564
- Adult Trainee Review Program $20,056
- Pediatric Trainee Review Program $2,714
- Cardiac Surgery Trainee Program $10,102
- CJC Subscription fees $34,564
Total Expenses $261,932

Unrealized gains (losses) on held-for-trading financial investments $19,826
Excess (deficiency) of revenue over expenses $66,457

Summary of Financial Position

Assets
- Current Assets $143,756
- Investments $1,723,756
- Promissory Note, receivable from CCS $206,695
Total Assets $2,074,207

Liabilities
- Current Liabilities $36,452
- Net Assets $2,037,755
Total Liabilities and Net Assets $2,074,207

Complete financial statements and the auditor’s report for the fiscal year of April 1st, 2013 to March 31st, 2014 are available to CCSA members upon request.