

# CCSA Annual Report

## 2007-2008



*Canadian  
Cardiovascular  
Society Academy*



The past year has been one of tremendous growth and excitement in the Canadian Cardiovascular Society Academy (CCSA). As I reflect upon the five years I have been President, I am struck

by the impact and recognition the Academy now receives.

CCSA activities at last year's Canadian Cardiovascular Congress were well-attended and continue to make significant contributions to the next generation of cardiovascular professionals. The Have a Heart Bursary is designed to introduce promising young Canadian medical students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. In 2007, the

CCSA fully funded the expenses for 15 students to attend the Congress in Québec City, and this year will fund another 15. The Trainee Day and the Trainee Luncheon were also met with rave reviews.

The Adult Cardiology Trainee Review Program (TRP) continues to be one of the most sought-after activities offered by the Academy and has become established as a critical part of preparation for RCPSC exams. The Pediatric Cardiology Trainee Review Program is now offered simultaneously. In addition, the annual Cardiac Surgery Trainee Review Program was launched this year and was very well received with delegates attending from across Canada.

None of these activities could have been possible without the generous support from our donors. Beyond the critical ongoing support offered to the Academy from the CCS, the 2007-2008 has been a record year with respect

to donations. The Academy has been honoured to accept **donations from 86 donors totaling over \$32,000**. This support has been essential to the expansion of services that the Academy provides, and we look forward to recognizing many of these outstanding benefactors at the CCC in Toronto.

Since its inception in 2000, the accomplishments of the Academy have been making a progressively larger impact on the future of the cardiovascular community in Canada. I am proud of the work of the CCSA staff members in helping to enhance the training of our young professionals and grateful to our donors who support these important activities.

Sincerely,

Robert J. Howard, MD  
CCSA President



### About the CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a registered charitable organization created in 2000, to support education, research, scholarships and bursaries for medical students and prospective cardiovascular specialists.

The CCSA provides current cardiovascular trainees with programs and services that span from the moment they begin specialized training until the completion of their fifth year of employment.

*“The work of the Academy is vital to help promote a strong cardiovascular sector in Canada now and in the future.”*



### 2008 Trainee Review Programs (TRPs) a resounding success!

Through the work of the CCS Trainee Committee, CCS trainees identified the RCPSC examination preparation as a critical milestone in the transition from “school to work”. Hence the CCS/CCSA Trainee Review Programs were established. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. It places their knowledge and exam writing skills to the test and provides them with an overview of all aspects of the exam. In addition, they have the opportunity to network with program faculty and fellow trainees from across Canada.

#### 2008 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The third offering of the Adult Cardiology Trainee Review Program was held May 9-11, 2008, in Toronto. There were 43 out of 46 third-year trainees in attendance. The program again was an extremely valuable opportunity for third-year Adult Cardiology residents to prepare for the Royal College of Physicians and Surgeons of Canada – Examination in Adult Cardiology.

**We would like to thank the Adult Cardiology TRP Planning Committee members who provided content and leadership in developing and running this program:**

- |                          |                  |
|--------------------------|------------------|
| Dr. Simon Jackson, Chair | Dr. Stuart Smith |
| Dr. Michael Froeschl     | Dr. Dylan Taylor |
| Dr. Catherine Kells      | Dr. Randy Watson |

#### 2008 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The introduction of the Pediatric Trainee Review Program in 2007 was a great success. The second year was held at the same time as the Adult Cardiology Trainee Review Program in Toronto.

This year, there were eight attendees representing programs from Vancouver, Alberta, Toronto, Montreal and Halifax. The group included three 3<sup>rd</sup> year and five 2<sup>nd</sup> year trainees.

**The CCSA wishes to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program:**

- |                       |                      |
|-----------------------|----------------------|
| Dr. Kenny Wong, Chair | Dr. Luc Jutras       |
| Dr. Anne Fournier     | Dr. Jennifer Russell |
| Dr. Fraser Golding    | Dr. Shi-Joon Yoo     |

**THE 2009 ADULT AND PEDIATRIC CARDIOLOGY TRPs ARE SCHEDULED FOR MAY 1-3 IN TORONTO!**



*“Just like last year, the feedback this year was overwhelmingly positive. Trainees regard this course as “extremely invaluable” and the words “excellent” are written on numerous evaluations. Through the weekend, the residents repeatedly affirmed the value of this program, and were very appreciative of the faculty and the CCS and CCSA’s commitment to it. The TRP meets the needs of the trainees. I believe a less tangible but probably the most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future.”*

Kenny Wong  
Pediatric TRP Chair

## Have a Heart Bursary Program

This travel bursary introduces promising young Canadian medical students, postgraduate trainees and basic scientists-in-training to the cardiovascular sciences by supporting their participation at the Canadian Cardiovascular Congress and by introducing them to members of the cardiovascular community.

Each year, more and more young individuals are applying for this bursary and it is our hope that we can increase the number of promising young Canadians that we send to the Congress. The caliber of applications being received are outstanding! This will only continue to be possible through your generous support!

*“The Have a Heart Bursary Program gave me a fantastic opportunity to attend the Canadian Cardiovascular Congress for the first time. The Trainee Day and Luncheon gave invaluable insight regarding career development and allowed me to meet a diverse group of trainees. The CCSA mentor breakfast was an exceptional event where I was able to interact freely with leading clinicians and researchers, whose enthusiasm made me feel welcomed and excited about being a part of the cardiovascular community. The scientific program of the CCC showcased current research findings and opened my eyes to other potential options available in the field. As an aspiring clinician-scientist, this experience further cemented my interest in becoming a cardiovascular health professional in Canada.”*

Anita Y. M. Chan (2007 Have a Heart Bursary Recipient)  
MD/PhD Student, TORCH Trainee

In October 2007, the CCSA offered 15 promising individuals a bursary to attend CCC 2007 in Québec City and are proud to do so again this year for CCC 2008 in Toronto.

### Congratulations to the 2008 Have a Heart Bursary Program Recipients!

Stephanie Borris	Fang Liu
Delaine Ceholski	Christina Luong
Maryam Elmi	Madhur Nayan
Kristian Filion	Marlene Shehata
Alon Hendel	Petsy Pui-Sze So
Mohamed Kodiha	James Thackeray
David Lin	Yan Zhang
Cristian Linte	

*Ms. Shereen Hamza, 2007 Bursary Recipient and Dr. Bruce McManus at the Have a Heart Bursary Breakfast*

2007 Have a Heart Bursary Recipients



### 2008 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

This year, we introduced the Cardiac Surgery Trainee Review Program in Toronto on April 11 and 12, 2008. There were eight of twelve Cardiac Surgery residents in attendance. The program was a 50% process-based and 50% content-based learning curriculum over 1.5 days and was viewed as a highly valuable program by trainees and faculty.

**The CCSA wishes to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada's Cardiac Surgery Trainees:**

Dr. Gideon Cohen (Chair)	Dr. Roy Masters
Dr. Osman Al-Radi	Dr. Pierre Pagé
Dr. Anson Cheung	Dr. Nancy Poirier
Dr. Philippe Demers	

*This program would not have been possible without the time and commitment of members of the CCS Trainee Committee. The CCSA wishes to thank Dr. Yoan Lamarche for the overall success of this first offering.*



CCS Trainee Committee in action!

## Trainee Day

The Trainee Day is a one-day educational program for trainees preceding the Canadian Cardiovascular Congress. This program deals with a number of topics but focuses primarily on the professional issues related to the transition from the world of school to the world of work, with up to 150 trainees attending each year.

An exciting program is underway for CCC this year. A new feature for 2008 is simulator training.

## Trainee Luncheon

This luncheon is held at the Canadian Cardiovascular Congress and is an invited speaker forum for trainees. Prominent national and international cardiovascular specialists make short presentations to as many as 100 trainees and answer a wide variety of questions from the audience.

**These programs are designed by trainees for trainees through the leadership of the CCS Trainee Committee. The Trainee Committee represents trainees from across all disciplines in cardiovascular care.**



# THANK YOU TO OUR 2007-2008 DONORS

All these programs are made possible by donations provided by the Canadian Cardiovascular Society and by individual members of the CCSA along with other organizations and individuals with an interest in advancing its objectives.

## LIST OF DONORS

### Visionaries - \$5000 and Up

Charles Kerr William Kostuk

### President's Circle - \$1000-\$4999

Capital Health – Robert Howard  
Edmonton Heather Ross  
Anne Gillis Anthony Tang  
Lyll Higginson

### Benefactors \$500-\$999

Robert Beanlands Alam Khan  
Margaret Blackwell Marla Kiess  
Gary Burggraf Terrence Ruddy  
Bibiana Cujec Hugh Scully  
Milan Gupta Dylan Taylor  
Jonathan Howlett

### Friends up to \$499

Hoshiar Abdollah Anthony Graham  
Beth Abramson Gabor Gyenes  
Todd Anderson Jeff Healey  
Michael Baird Mark Henderson  
Carlos Basualdo George Honos  
Israel Belenkie Victor Huckell  
Myriam Brassard Dennis Humen  
John Burgess George Jablonsky  
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Paul Poirier Alan White  
Vivian Rambihar Randall Williams  
Leon Rioux John K Wilson  
Sherryn Levinoff-Roth Rodney Zimmermann  
Douglas Roy  
Suryakant Shah  
Eldon Smith

## Financial Statement

April 1, 2007 – March 31, 2008

### SUMMARY OF OPERATIONS:

#### REVENUE

Donations from members	\$35,552.00
Donations from others	\$2,500.00
Donation from CCS	\$75,000.00
Investment Interest/Dividends	\$75,113.00
Unrealized losses on held-for-trading financial Investments	(\$120,027.00)*
<b>Total Revenue</b>	<b>\$68,138.00</b>

#### EXPENSES

Administration	\$56,692.00
Trainee Programs	
Have A Heart Bursary	\$28,850.00
Trainee Initiatives (Trainee Day and Trainee Luncheon)	\$18,596.00
Trainee Website	\$5,000.00
Trainee Review Programs	\$53,374.00
<b>Total Expenses</b>	<b>\$162,512.00</b>
<b>Excess of Expenses over Revenue</b>	<b>(\$94,374.00)</b>

### SUMMARY OF FINANCIAL POSITION:

#### ASSETS:

Current Assets	\$ 99,123
Investments	\$ 1,548,467
<b>Total Assets:</b>	<b>\$ 1,647,590</b>

#### LIABILITIES:

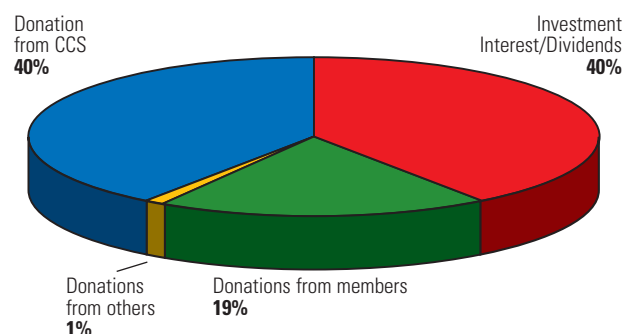
	<b>\$ 82,259</b>
Surplus (Deficit) at Year-End	\$ 1,565,331
<b>Total Liabilities and Net Assets:</b>	<b>\$ 1,647,590</b>

#### \* Changes in Investment Reporting:

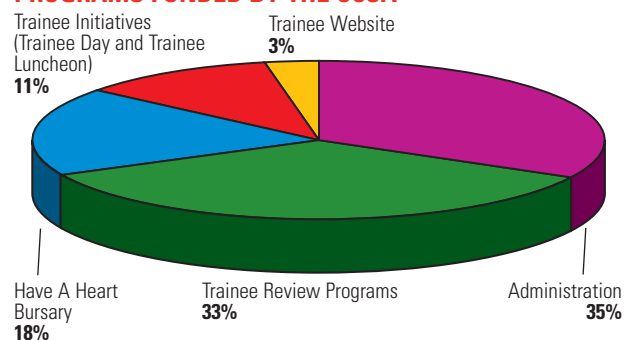
In the past, the CCSA stated its investments at book value. As of April 1, 2007, the CCSA adopted the new CICA standards for financial instruments, whereby the CCSA is required to report its investments at fair market value.

Complete financial Statements and the auditor's report for fiscal year April 1, 2007 to March 31, 2008 are available to any CCSA member upon request.

### DONATIONS AND INCOME SOURCES



### PROGRAMS FUNDED BY THE CCSA



### CCSA BOARD

Robert J. Howard, President  
Peter McLaughlin, Past President  
Anne Gillis, Secretary/Treasurer  
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Bibiana Cujec, Board Member  
Lyll Higginson, Board Member  
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